

Workshop Details

1	
Topic of the Workshop	Latest Techniques & Teaching Methods for Mathematics
Name of the Organisation	Rachna Sagar Pvt Ltd.
Attended by	Ms. Silky Grover, Ms. Shikha Kapoor
Date	25 April, 2015
Venue	Mount Abu Public School, Sec-5 Rohini

Details : The workshop was an effort to present a forum where teachers could pick up new ideas and techniques to enliven the classroom. The first session was very innovative and interactive and aimed at equipping teachers with new techniques which are helpful in the assessment process. The second session laid emphasis on activity based learning to help the learners to learn easily and deeply.

The workshop mainly emphasized on learning which is not just confined to memorization but is understood in its application.

2	
Topic of the Workshop	Effective question paper setting in Economics
Name of the Organisation	The Srijan School
Attended by	Ms. Jethi Bhambhani
Date	02 May, 2015
Venue	The Srijan School, Model Town

Details : The Srijan School conducted a workshop on effective question paper setting in Economics. Various points were discussed on the topic. The resource person Ms. Rekha Sharma, Principal (Retired), Bhartiya Vidya Bhawan, New Delhi, shared with the teachers her vast and enriched experience.

3	
Topic of the Workshop	ASL
Name of the Organisation	Oxford University Press
Attended by	8 Teachers
Date	19 June, 2015
Venue	Queen's Valley School

Details : The ASL Workshop was conducted by Mrs. Alka Rai on 19 June, 2015 at the Queen's Valley School, Dwarka. The emphasis was laid on correct pronunciation. Various methods were introduced to teach phonetics to the students. Handouts on stress, intonation, various levels of learners and descriptive indicators were given. A group activity 'Jazz Chant' based on contraction was conducted by the resource person. Modified ways to conduct ASL activity were proposed to ensure standardized and enriching experience.

It was an informative session that gave the teachers a fair idea on how to improve the pronunciation of children.

4

Topic of the Workshop	Effective ways of Teaching-Learning English,
Name of the Organisation	Dr. Rajinder Pal
Attended by	20 Teachers
Date	22-23 June, 2015
Venue	Sachdeva Public School, Pitampura

Details : In an endeavour to equip teachers with effective ways of teaching-learning English, the teachers of Sachdeva Public School, Rohini attended a workshop organized at Sachdeva Public School, Pitampura on 22 and 23 June, 2015. Dr. Rajinder Pal, formerly, Reader in English, Hansraj College, DU and a passionate teacher educator was the resource person for the workshop. The workshop laid stress on enhancing the four skills- reading, listening, speaking and writing among the students. The primary purpose of the training was to explore the importance of teaching English and to find solutions to the problems that the teachers and students face in the classroom.

Elaborating on the very important theme of language acquisition, the resource person explained how learning English can be effective if the teachers aim at developing their students' reading, listening, speaking and writing along with enhancing their use of vocabulary and grammar. It also included ways to correct the common errors committed by students, importance of silent and loud reading, problems which students face while writing thereby highlighting the characteristics of a good piece of writing. The workshop concluded with summing up important suggestions to the teachers such as using new techniques, giving students ample opportunities to engage with the language and encouraging them to participate in classroom discussions and activities.

The Principal of the school, Dr.(Mrs) Ravija Prakash and the Director Sir, Mr. Sanjay Sachdeva appreciated the inputs given by the resource person and motivated the teachers to follow them in the classroom to bring out the best amongst the students.

5

Topic of the Workshop	Time Management
Name of the Organisation	Mr. Rishabh Khanna from Les Transformations
Attended by	50 Teachers
Date	22 June, 2015
Venue	Sachdeva Public School, Rohini

Details : The objective of the workshop was to help the teachers realize the importance of time management. It helped everybody to understand how to prioritize their time according to the need. Many methodologies were discussed to utilize 24 hours in the best possible manner which included effective handling of students in the classroom as mentors.

The workshop was interactive, activity based and highly inspiring. It not only dealt with the importance of time but also the ways to relieve stress with proper time management.

6

Topic of the Workshop	Teachers as Leaders
Name of the Resource Person	Ms. Monisha Gupta from Scholastic India
Attended by	Pre-Primary & Primary Teachers
Date	29 June, 2015
Venue	Sachdeva Public School, Rohini

Details : A teacher has a major role to play in the formative years of students' life. Teachers are the shapers and makers of their future. Certain important things are to be kept in mind as teachers- teachers must appreciate, motivate and inspire their students generously; empower, inspire and ignite emotions; have faith in children; delegate; give them space and encourage creativity ; no pointing fingers; respect individual difference; be a good listener as well as good communicator; develop good interpersonal relationship ; be hardworking; have value centered leadership; lead by setting an example: Stress management is equally important – to have a rich personal life which includes biological need of sleep, socializing and nourishing relationships that act as antithesis to workload, learn to relax, listen to music and have faith in the almighty.

It was an interactive session with a PowerPoint presentation which included a slide show and video clippings to highlight the main points. A newspaper activity- folding and tearing the newspaper as per instructions was also taken up.

A teacher is not just a grown up entity but is also always growing with children. As teachers they should appreciate their own self believe in their abilities, give time to them and feel happy about the work that they do which includes their efforts to shape the life of their students.

7	
Topic of the Workshop	Risk Behavior Management
Name of the Resource Person	Dr. Pakhi Srivastava , Ms. Aditi Kaul, Ms. Chitwan
Attended by	Counseling /Clinical Psychologists
Date	29 July, 2015
Venue	Fortis Hospital, Shalimar Bagh

Details : Through various brain storming sessions, activities in which teenage children tend to indulge were brought to light such as bullying, cheating, smoking, alcohol, drugs, friendship/chatting with strangers on social networking sites, uploading pictures on them, underage/ harsh driving, late night parties, bunking and truancy etc. Peer pressure plays an important role in pushing innocent kids into the grey gloomy lanes of crime. So it is very important to sensitize our children to evaluate these activities in terms of healthy (safe) or unhealthy (unsafe) risk on the basis of their dire consequences. It is required to inculcate qualities like self censor ship and assertiveness. They should also develop analytical rationalized approach to refrain from risky acts. They should be trained to say 'NO' and 'The Broken Record' technique is the best technique to learn to say 'No'.

Summary: It was an interactive session in which children got a nice exposure to interact with senior psychologists and children from various schools. They came to know about the healthy/ unhealthy activities and also how to remain away from such risky activities.

8	
Topic of the Workshop	Parenting of Adolescent Children
Name of the Resource Person	Dr. Shilpa Gupta
Attended by	Parents of Class VI
Date	1 August, 2015
Venue	Sachdeva Public School, Rohini

Details : To brush up the parenting tips for adolescent children who face various problems during this phase, a workshop was organized in which eminent parenting expert Dr. Shilpa Gupta addressed the parents. She emphasized on establishing good communication with children and inculcating habits like patience, discipline, time management, perseverance, hard work etc. as these qualities help children to rise in life. In keeping with the demands of changing times, parents need to be role models for their children.

She discussed an activity which needs to be drilled like ritual namely gratitude and acknowledgement. Children should be sensitized about good and bad touch. She also insisted that parents should be wise while giving electronic gadgets in their hands.

Summary: It was an interactive session in which Dr. Shilpa Gupta very frankly talked on various issues regarding adolescent age. She also invited parents to participate actively in discussion and share their view points.

9	
Topic of the Workshop	Adolescence Issues
Name of the Organisation	Dr. Shilpa Gupta
Attended by	Class VI
Date	12 August, 2015
Venue	Sachdeva Public School, Rohini

Details : Adolescence is a delicate transitional phase of human life. During this phase girls as well as boys go through many physical changes. In the absence of correct knowledge and guidance sometimes these changes lead to serious emotional issues and leave children in a fix. Dr. Gupta gathered various issues and queries through a quick brain storming session and explained things clearly. First, she discussed the changes appearing in girls and boys and hormones which are responsible for these changes. She also discussed the effect of balanced nutritional diet, good sleep and physical exercise on their body. To lead a healthy life it is also important to maintain a safe distance from electronic gadgets or the body suffers due to various physical as well as mental ailments. To conclude, Dr. Gupta guided children to take good care of body and mind.

Summary : It was an interactive session in which children were made very comfortable to put forward their queries without any hesitation. Children were indeed satisfied to get all the desired answers and expert advice and guidelines given by Dr. Gupta.

10	
Topic of the Workshop	Time Management
Name of the Organisation	Ms. Jasvinder, Ms. Rini, Ms. Preeti Goel
Attended by	Class XII
Date	15 September, 2015
Venue	Sachdeva Public School, Rohini

Details : Class to class interaction was done separately by the resource persons who had come. They discussed the time schedule of the students and also taught them how to manage during exams and festivals. The different ways to manage stress were emphasized for a smooth functioning. They advised the students to make proper time table and plan out to follow steps to utilize time.

Summary : Students participated enthusiastically and found the workshop extremely beneficial.

11	
Topic of the Workshop	Career Counseling
Name of the Organisation	Mr. Jitin Chawla
Attended by	Class XII
Date	21 September, 2015
Venue	Sachdeva Public School, Rohini

Details : A Career Counseling workshop was organized at Sachdeva Public School, Rohini on 21.09.2015 in school premises for the students of class XII. Mr. Jitin Chawla conducted the workshop and enlightened students about various career options available in various streams after completing school education. It was an interactive session replete with PPTs and discussions.

Summary : It was very helpful for students as they got clarity about what to do after completing class XII.

12	
Topic of the Workshop	'Claim your Right to Dignity'
Name of the Organisation	Ms.Hibba Siddique
Attended by	Class IX
Date	3 November, 2015
Venue	Sachdeva Public School, Rohini

Details : On the occasion of the Global Dignity Day, a 'Dignity Workshop' was organized for the children of various schools across Delhi and NCR. The objective of the workshop was to instill the virtue of dignity and respect in children and motivate them to grow up as individuals brimming with pride. It helped them to understand and value their self worth. The true meaning of dignity was made clear to the children. Through brain storming sessions, discussions and real life incidents, students were made aware that dignity is simply the way they feel, think and behave in regard to how they value themselves and others. Before we treat others with dignity, it is necessary for us to define our own dignity.

Summary : It was an interactive session in which children were helped to discover their own strengths and acquire dignified habits to bring about a positive change in their personality.

13	
Topic of the Workshop	'Anger Management'
Name of the Organisation	Ms. Jasvinder, Ms. Rini Vincent, Ms. Preeti Goel
Attended by	Class X
Date	5 November, 2015
Venue	Sachdeva Public School, Rohini

Details : Resource persons moved from one class to another taking up interactive sessions on anger and stress management. Students revealed the methods adopted by them to control their anger. They were advised to remain quiet, take deep breaths and move away from the situation through various examples. They were also made to realize its impact on individual personality.

Summary : Students enjoyed the workshop as they could express freely and also learnt ways to control anger.

14	
Topic of the Workshop	'Personality Grooming'
Name of the Resource Person	Dr. Vineeth Kumar
Attended by	Class XII
Date	26 November, 2015
Venue	SPS Rohini

Details : A workshop was organised by school on 26 November, 2015 for class XII students on the topic 'How to improve personality?' In an interactive and informative session, Resource person Dr.Vineeth Kumar, a professor at BMU University enlightened the students with knowledge about different career options available and discussed ways to improve personality and achieve success.

15	
Topic of the Workshop	'Capacity Building Program on Gender Sensitivity'
Name of the Resource Person	Ms. Radha Singh Ms. Roopam Singh
Attended by	Ms. Sukhwinder Sharma Ms. Promita Prasad Ms. Renu Mathuria
Date	30 November, 2015
Venue	Centre of excellence , CBSE, Sec-18, Gurgaon

Details : Following topics were discussed in the workshop:

- Gender and other key terms difference between sex gender
- Awareness of Gender
- Characteristics of boy and girl
- Ways to avoid genetic use of him / her / him etc.
- Gender sensitivity lesson planning
- Do's and Don'ts for making class room interaction gender sensitive
- Check lists for gender sensitivity in class/ school
- Guidelines for reviewing gender sensitivity in class/ school
- Role of power in gender relationship
- Role of school management in establishing a gender sensitive school
- Reconsidering classroom dynamics/ gender specific needs of students
- Ways to discipline students without corporal punishment

It was a thought provoking session that inspired participants to understand the term gender sensitivity and help make classroom/ school gender sensitive (give equal opportunities to both the genders for survival and progress).

16	
Topic of the Workshop	Framing Lesson Plans
Name of the Resource Person	Ms. Adita
Attended by	5 Teachers
Date	5 December, 2015
Venue	Sachdeva Public School, Rohini

Details : A lesson plan making workshop was organised by Ms.Adita. Lesson plan of Class VI chapter 'Garbage in Garbage out' was discussed. Essential questions like 'Is garbage just a waste?' How can we manage garbage? etc. were put up to the students for review. This initiated the inquiry approach in students' activities related to garbage management i.e. to plot garbage quantity graphs for subjects like Mathematics and letter to the editor for English. Activities related to garbage management like to divide bio degradable and non biodegradable waste etc. were also planned. The workshop stressed on linking education with real lives as the need of the hour.

17

Topic of the Workshop	Effective methods of teaching English language
Name of the Resource Person	Ms. Illa Vij
Attended by	Ms. Rabeka Sanani
Date	5 December, 2015
Venue	Mother Divine Public School Sec-13 Rohini

Details : A seminar on effective methods of teaching English Language for classes I-VIII was conducted on 05.12.2015 at Mother Divine Public School Sec-3, Rohini. The resource person was Ms. Illa Vij - an ELT consultant, examiner and trainer for two decades. She gave emphasis on catering not only to the needs of children but also parents by making teaching adaptable and enjoyable. It was an interactive session and motivated the teachers to improve skills like reading, writing and speaking by improvising their approach towards the matter.

It was quite an interesting session where the interactive resource person broke the ice berg of monotony with fun filled exercises.

18

Topic of the Workshop	TERI Tetra PAK Teacher Ambassador Program
Name of the Resource Person	Ms. Garima Kaushik Ms. Pallavi Barua
Attended by	Ms. Rajita Mehrotra
Date	7 December, 2015- 10 December, 2015
Venue	SPS Rohini

Details TERI and TETRA PAK organised TEACHER Ambassador Program as part of Project Search where 16 school teachers from Delhi, Chandigarh, Pune, Goa and Mumbai were selected as ambassadors. It was a Leadership Development Program for school teachers to facilitate them to become torchbearers to encourage sustainable choices among various sections of society. The programme offered an opportunity to understand the complete life cycle of a consumable product. Exposure visit to a manufacturing unit, packaging plant, retail outlet and finally to a recycling facility helped teacher leaders realize the urgency of adopting sustainable practices.

The teacher ambassador proposes to launch innovative ideas (in the form of campaigns) to transform the consumption pattern of individuals into informed choices.

19

Topic of the Workshop	Goal Setting
Name of the Resource Person	Mr. Ankur (Les Transformations)
Attended by	Class IX
Date	16 December, 2015
Venue	SPS Rohini

Details The workshop session was based on Goal Setting. The resource person Mr. Ankur emphasized on the need to have smart and specific goals. The students were given a new definition of smartness. The concept was explained through various activities- Team spirit, Specific Paths Relevancy, Time management, Achievable targets etc- qualities which the younger generation needs to inculcate in order to be successful. The workshop was very interactive and informative. The students enjoyed the session and got a clear idea of how to fulfill their goals.

20	
Topic of the Workshop	Economics
Name of the Resource Person	Mr. J.P. Goel
Attended by	Class XII
Date	6 February, 2016
Venue	Gyan Sagar & True friend Publication

Details The workshop focused on issues and topics that students find confusing and difficult to comprehend such as Consumers' Equilibrium, National Income Accounting, Balance of payments etc. The speaker also provided an insight into the recently introduced topics in class XII economics syllabus like 'Returns to Scale' slope of demand and supply curves etc.

The workshop was a good experience as it provided a chance to interact with subject experts and know the viewpoint of other school teachers as well.

21	
Topic of the Workshop	'Making inclusion successful-Role of school counselors/ Teacher Counsellors'
Name of the Resource Person	Professor Joydeep Chaterjee Ms. Goldy Malhotra Dr. V.S. Ravindran Captain Vinayak Mohla
Attended by	Ms. Renu Mathuria
Date	24 February, 2016
Venue	ICTRC

Details : Discussion was held on following topics-

- Mainstreaming, integration and inclusion.
- Barriers to inclusion
- Profile of inclusion teacher
- Special Education as Support Facilitator
- Role of other Professionals and Para professionals
- New dimensions of inclusion
- Ingredients for effective inclusion
- Common goal for all
- Positive attitude of school and parents towards children
- Well planned activities and good infrastructure
- Importance of intermediation training, remediation, intervention, accommodation and modification and also the correct sequence of the above mentioned strategies.

Methodology: Lecture/ Discussion/ Story telling/ sharing real life experiences/ PPTs

Question answer round (Queries of the participants were answered by Dr.V.S.Ravindran)

It was an enriching and motivating session as the speakers shared their immense knowledge, experience and outcome of their research work in the field of educating teachers/ students.